**National Allergy Council Anaphylaxis risk management plan template for children’s education and care (CEC)**

Applies to children and staff at risk of anaphylaxis.

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| **Areas for risk management** | **Current status** | **Actions required** |
| *Contract with solid fill***ANAPHYLAXIS MANAGEMENT POLICY** |
| * Has the CEC service anaphylaxis management policy been reviewed within the last two years?
* Date of last review:
 | [ ]  Yes [ ]  No | *e.g. Implement a new policy (*[*Sample* anaphylaxis *management* *policy for CEC available*](https://allergyaware.org.au/childrens-education-and-care)*) or review existing anaphylaxis management policy*  |
| * Does the CEC service policy include:
* Identifying children at risk
* Allergy documentation
* Prescribed and general use adrenaline (epinephrine) injectors
* Staff training
* Risk management and risk minimisation
* Communication plan
* Peer education
* Emergency response plan
* Incident reporting
 | [ ]  Yes [ ]  No | *e.g. Review and update policy (*[*Sample anaphylaxis management policy for CEC available*](https://allergyaware.org.au/childrens-education-and-care)*)* |
| **Warning with solid fillRISK MINIMISATION** |
| * Has the CEC service identified appropriate risk minimisation strategies to be implemented?
* Where is this information documented?
 | [ ]  Yes [ ]  No | *e.g. Arrange meetings with parent/guardians of children with allergies to discuss and document risk minimisation strategies*[*Examples of risk minimisation strategies for CEC available*](https://allergyaware.org.au/childrens-education-and-care) |
| * How are the risk minimisation strategies communicated to staff?
* When are staff informed of changes to risk minimisation strategies?
 |  | *e.g. Staff meetings, staff have access to the individualised anaphylaxis care plans* |
| * Do you have appropriate risk minimisation strategies in place for children with known allergies during service operations (including indoor activities in the playground, excursions and when visitors attend the service)?
 | [ ]  Yes [ ]  No | *e.g.* [*Consider risk minimisation for CEC strategies*](https://allergyaware.org.au/childrens-education-and-care) |
| **Siren with solid fillEMERGENCY RESPONSE PLAN**  |
| * Do you have an anaphylaxis emergency response plan?
 | [ ]  Yes [ ]  No | *An anaphylaxis emergency response plan identifies staff roles and responsibilities in an anaphylaxis emergency* |
| * Does the emergency response plan:
	+ Follow the ASCIA First Aid Plan for Anaphylaxis?
	+ Include staff roles and responsibilities in an anaphylaxis emergency?
	+ Include the procedure for raising the alarm?
	+ Include the location and accessibility of adrenaline injectors (prescribed and general use)?
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No |  |
| * Is the emergency response plan practised at least once a year?
 | [ ]  Yes [ ]  No | *e.g. Like you would practise a fire drill**It is recommended that the emergency response plan is practised at least once a year* |
| * Do you have an anaphylaxis emergency response plan for off-site activities?
 | [ ]  Yes [ ]  No | *Develop separate emergency response plans for any off-site activities* |
| **Bus with solid fillRISK MANAGEMENT FOR OFF-SITE ACTIVITIES** |
| * Do you have a specific anaphylaxis risk management plan that needs to be completed for each activity outside of the service premises that includes:
* Food provision
* Policy regarding taking food/sharing food
* Medication management
* Communication strategy (staff and with families)
* Mobile phone connectivity and coverage
* Access to ambulance services/medical care
* Staff education and training
* Management of prescribed adrenaline injectors, including checks for expiry dates
* Number of general use adrenaline injectors
* Type of activities undertaken on the excursion
* Emergency response
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No |  |
| * Do you have a documented process for communicating with the excursion site about children’s allergies?
 | [ ]  Yes [ ]  No[ ]  N/A |  |
| * Do you encourage communication between parents and the excursion site caterers?
 | [ ]  Yes [ ]  No[ ]  N/A |  |
| **Chat with solid fillCOMMUNICATION PLAN** |
| * Do you have a communication plan regarding anaphylaxis management? How does the CEC service communicate with:
* Staff (full time and part time)
* Casual and relief staff
* Volunteers
* Children (where appropriate)
* Parents of children with allergies
* The broader CEC community
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No | *See* [*Sample letter to parents*](https://allergyaware.org.au/childrens-education-and-care) |
| **Address Book with solid fillALLERGY DOCUMENTATION (IDENTIFYING CHILDREN AT RISK OF ANAPHYLAXIS)** |
| * Type of allergies (food, insect, medication and latex) in each room?
 |  | *e.g. Obtain information about children’s allergies on enrolment**[See](https://allergyaware.org.au/childrens-education-and-care)**[Food allergy record template](https://allergyaware.org.au/childrens-education-and-care)* *e.g. Outline the process for communicating changes in a child’s allergies*  |
| * How many children have a red (anaphylaxis) or green (allergic reactions) ASCIA Action Plan in each year group?
 |  |  |
| * Do all children with known allergies have current red/green ASCIA Action Plans (reviewed and renewed by a doctor or nurse practitioner in the past 12-18 months)?
	+ Number with ASCIA Action Plan for Allergic Reactions (green)
	+ Number with ASCIA Action Plan for Anaphylaxis (red)
 | [ ]  Yes [ ]  NoNumber:Number: | *e.g. Audit all ASCIA Action Plans* |
| * Are individualised anaphylaxis care plans completed at the start of each year or when the CEC service is informed about the child’s allergy?
* Do all children with known allergies have an individualised anaphylaxis care plan completed in consultation with the parents?
* Are they signed off by the child’s parent?
* Is a copy of the child’s ASCIA Action Plan attached to the individualised anaphylaxis care plan?
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No | *e.g. Complete individualised anaphylaxis care plan on enrolment with parents/guardians**See* [*Individualised anaphylaxis care plan template*](https://allergyaware.org.au/childrens-education-and-care) *for CEC* |
| * Do staff have access to the individualised anaphylaxis care plans?
 | [ ]  Yes [ ]  No |  |
| **Needle with solid fillPRESCRIBED AND GENERAL USE ADRENALINE INJECTORS** |
| * Do all children with an ASCIA Action Plan for Anaphylaxis (red) have an adrenaline injector easily accessible to staff?
 | [ ]  Yes [ ]  No | [*See ASCIA Action Plan FAQ*](https://www.allergy.org.au/hp/anaphylaxis/action-plans-for-allergic-reactions-faq) |
| * Do all children have an ASCIA Action Plan stored with their prescribed adrenaline injector?
 | [ ]  Yes [ ]  No |  |
| * Do all staff know where prescribed adrenaline injectors and individual ASCIA Action Plans are kept?
 | [ ]  Yes [ ]  No | *e.g. Incorporated into the emergency response plan and staff communications* |
| Outside school hours care: * Are older children (e.g. children in before and after school care) allowed to carry their own adrenaline injector device?
* If so, do you stipulate that they must have a copy of their ASCIA Action Plan with the device?
* Do you have a process for checking they have their device with them?
 | [ ]  Yes [ ]  No [ ]  N/A[ ]  Yes [ ]  No [ ]  N/A[ ]  Yes [ ]  No [ ]  N/A |  |
| * Do you have a process for checking expiry dates of prescribed adrenaline injectors?
 | [ ]  Yes [ ]  No | *e.g. Adrenaline injectors are checked quarterly and parents are notified if the device is due to expire**see* [*ASCIA adrenaline injector storage, expiry and disposal*](https://allergy.org.au/hp/anaphylaxis/adrenaline-autoinjector-storage-expiry-and-disposal) |
| * Do you have a process for documenting when staff take the prescribed adrenaline injectors off-site and when they are returned?
 | [ ]  Yes [ ]  No | *e.g. Develop a register to sign adrenaline injectors in and out* |
| * If prescribed adrenaline injector devices are provided to the CEC service, is there a process for parents signing them in and out (e.g. taken home over the holidays)?
 | [ ]  Yes [ ]  No | *e.g. Develop a register to sign adrenaline injectors in and out* |
| * Does the CEC service have at least one general use adrenaline injector?
* Is the adrenaline injector the appropriate dose for the age of the children attending the CEC service?
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No |  |
| * How has the number of general use adrenaline injectors been determined?
 |  |  |
| * What brand of adrenaline injector is/are the general use injector/s?
 | [ ]  EpiPen®[ ]  Anapen®  |  |
| * Are general use adrenaline injectors stored with a copy of the ASCIA First Aid Plan for Anaphylaxis for that device?

(i.e. an Anapen® First Aid Plan stored with an Anapen® device) | [ ]  Yes [ ]  No |  |
| * Are general use adrenaline injector device expiry dates checked quarterly?
 | [ ]  Yes [ ]  No |  |
| * Where are general use adrenaline injectors stored and why was this location chosen?
 |  |  |
| * Are staff informed about the location of the general use adrenaline injector/s?
 | [ ]  Yes [ ]  No |  |
| * Do all staff have easy access (unlocked location) to general use adrenaline injectors?
 | [ ]  Yes [ ]  No |  |
| * Are general use adrenaline injectors stored out of reach of young children and away from direct sunlight and heat?
 | [ ]  Yes [ ]  No | *see* [*ASCIA adrenaline injector storage, expiry and disposal*](https://allergy.org.au/hp/anaphylaxis/adrenaline-autoinjector-storage-expiry-and-disposal) |
| * Do you have a process for determining if the general use device(s) should be taken offsite?
* Where is this process documented?
 | [ ]  Yes [ ]  No |  |
| * When general use or prescribed adrenaline injectors are taken off-site, are they protected from direct sunlight and heat?
 | [ ]  Yes [ ]  No |  |
| **Teacher with solid fillSTAFF TRAINING** |  |  |
| * Have all staff (including casual and relief staff) completed anaphylaxis management training within the last two years?
 | [ ]  Yes [ ]  No |  |
| * Is a staff training register kept?
 | [ ]  Yes [ ]  No | *A staff training register includes the name of the staff member, the date they completed the training, the course they completed and the name of the training provider* |
| * What training course are staff recommended to undertake?
 |  | [*ASCIA anaphylaxis e-training for CEC*](https://etraining.allergy.org.au/) *is recommended* |
| * Have staff undertaken anaphylaxis refresher training (including hands on practise with adrenaline injector trainer devices) in the last 6 months?
 | [ ]  Yes [ ]  No | [*ASCIA anaphylaxis refresher e-training*](https://etraining.allergy.org.au/course/index.php?categoryid=3) *is recommended* |
| * Is anaphylaxis refresher training documented in the training register?
 | [ ]  Yes [ ]  No |  |
| * Where are the adrenaline injector trainer devices for staff to practise with, stored?
	+ Are they stored separate to the real adrenaline injector devices containing adrenaline and labelled ‘Trainer device only’?
 | [ ]  Yes [ ]  No |  |
| * Have any CEC staff expressed concerns about their ability to respond appropriately to an anaphylaxis emergency including willingness to administer an adrenaline injector?
* If yes, what measures are in place to reduce this risk?
 | [ ]  Yes [ ]  No |  |
| * Have all staff responsible for preparing and serving food (e.g. cooks, chefs, educators) completed the National Allergy Council All about Allergens for CEC online training in the last two years?
 | [ ]  Yes [ ]  No | [*All about Allergens for CEC online training*](http://www.foodallergytraining.org.au) *is recommended* |
| * Is food allergen management training documented in the staff training register?
 | [ ]  Yes [ ]  No |  |
| **Classroom with solid fillCOMMUNITY AND PEER EDUCATION**  |
| * How do you communicate with the CEC community about food allergy and anaphylaxis?
 |  | *e.g. Communication at least twice a year including the start of the year via newsletters* |
| * Do you support children with food allergies through peer education?
	+ How is this coordinated?
	+ When does this happen?
 | [ ]  Yes [ ]  No | *e.g. Communication with the school community* - *See* [*Sample letter to parents*](https://allergyaware.org.au/childrens-education-and-care)*e.g. Peer education using* [*Allergy & Anaphylaxis Australia curriculum resources*](https://allergyfacts.org.au/allergy-management/schooling-childcare/school-resources) |
| **Checklist with solid fillPOST INCIDENT MANAGEMENT AND INCIDENT REPORTING** |
| * Do you have a post-incident process in place that includes:
	+ Replacement of used adrenaline injectors as soon as possible?
	+ Development of an interim plan while waiting for replacement of used adrenaline injector?
	+ Debriefing session to identify if additional risk minimisation strategies are required and review of individualised anaphylaxis care plan?
	+ Review of emergency response plan?
	+ Access to post-incident counselling services for staff and children?
 | [ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No[ ]  Yes [ ]  No | *e.g. Include links to reporting requirements/support resources*  |
| * Who is responsible for reporting anaphylaxis incidents?
 |  | *An* [*Anaphylaxis incident reporting template (CEC)*](https://allergyaware.org.au/childrens-education-and-care) *is available* |

Date of completion:

Name and signature of staff completing this Anaphylaxis risk management plan:

Date of next review: