

# National Allergy Council

## Key principles for reducing the risk of anaphylaxis in schools



Implement an allergy aware approach to preventing and managing anaphylaxis.



Provide age-appropriate education of students to help raise awareness and manage anaphylaxis risk in schools.



Have an anaphylaxis management policy. Review this policy and associated procedures if an allergic reaction occurs.



Implement reasonable and effective strategies to reduce the risk of accidental exposure to known allergic triggers and review anaphylaxis risk minimisation strategies if an allergic reaction occurs.



Obtain up-to-date student medical information and develop individualised anaphylaxis care plans for each student at risk of anaphylaxis. These plans will include a copy of the student's ASCIA Action Plan.



Have at least one general use adrenaline injector at each campus.



Educate and train staff and volunteers in the prevention, recognition and treatment of allergic reactions including anaphylaxis. Educate and train staff and volunteers who prepare, serve or supervise meals or who teach food technology classes in food allergen management.



Communicate about anaphylaxis management with school staff and the school community.



Offer support (including counselling) for school staff who manage an anaphylaxis.



Ensure staff know which students are at risk of anaphylaxis and understand that unexpected allergic reactions, including anaphylaxis, might occur for the first time in students not previously known to have an allergy.



Appropriate reporting if an allergic reaction occurs while the student is in the care of the school.

